

## **DAY 8**

DETERMINE TO BECOME YOUR SPOUSE'S BIGGEST FAN AND TO REJECT ANY THOUGHTS OF JEALOUSY. TO HELP YOU SET YOUR HEART ON YOUR SPOUSE AND FOCUS ON THEIR ACHIEVEMENTS, TAKE YESTERDAY'S LIST OF NEGATIVE ATTRIBUTES AND DISCREETLY BURN IT. THEN SHARE WITH YOUR SPOUSE HOW GLAD YOU ARE ABOUT A SUCCESS HE OR SHE RECENTLY ENJOYED.